



Public Safety Advisory



Recent Muggings and Robberies in the Ingleside Police District - Including the Glen Park and Bernal Heights neighborhoods

Incidents have varied: purse-snatching at the bus stop; mugging at the BART Stations; strong-arm robbery in a residential area; robbery at a local business—all at various times of the day and night. However, several robberies have occurred between 6pm and 9pm at night, carried out by suspects in cars.

Crime preventions tips to reduce your risk of being robbed:

- Be aware of your surroundings at all times, paying close attention to suspicious activities and persons. Carry yourself with confidence and alertness.
- Use all your senses to be aware – avoid using headphones or cell phones, which limit your ability to be aware of what’s going on around you.
- Try to travel with someone, or travel when there are other people around.
- Avoid dark alleys, shortcuts and deserted areas.
- Be aware before entering and exiting your vehicle—at home or elsewhere.
- Park your vehicle in a well-lighted area with plenty of walking traffic.
- Using Public Transportation:
 - Try to wait at bus stops or BART stations that are well lit and populated;
 - Find out ahead of time when the next bus arrives so your wait time is limited;
 - Do not use headphones or cell phones while waiting;
 - Pay attention to those who exit the bus/train with you; also pay attention to those waiting at the stop as you exit.
- Limit your valuables that you carry—such as money and credit cards; keep them in separate areas in your purse or clothing.
- Remember to trust your instincts; if you feel uncomfortable or threatened, seek help immediately. Use a noise device such as a whistle to call attention to yourself.
- If you suspect suspicious persons or activities, do any of the following: change your walking direction; do not get off of the bus/train; go into a public place; seek help; call 9-1-1.

Remember:

- If you are robbed, try to stay calm and cooperate. Call 9-1-1 immediately.
- 9-1-1 for Emergencies; (415) 553-0123 for Non-Emergencies.
- To reach 9-1-1 from your Cell Phone for Emergencies, dial (415) 553-8090 (to avoid being diverted to CHP Dispatch Center in Vallejo due to close proximity of cell phone towers near the Interstate freeways)
- Ingleside Police District Station number: (415) 404-4000.

If you are interested in starting a Neighborhood Watch or would like your group to receive a Personal Safety Presentation, contact SF SAFE at (415) 553-1984 or visit www.sfsafe.org.